

Institute of Psychology, University of Wroclaw, Courses 2024-2025 European Cultures; ERASMUS+						
Teacher's name	Subject/Module title	SEMESTER		Kind of classes	Course description	ECTS credits
		WINTER Number of hours	SUMMER Number of hours			
Marcin Czub	Experimental Research in Psychology	30	30	workshop	During the course students will be designing and conducting experimental studies. Students will learn how to create psychological experiments using PsychoPy software, how to measure reaction times, perform statistical analysis, and discuss the results. They will acquire both theoretical and practical knowledge related to designing, conducting and writing up results from an empirical study in psychology.	6
Katarzyna Durniat	Cross-cultural and interpersonal training	30	30	workshop	The main idea of this workshop is to foster the understanding, integration, mutual (interpersonal and cross-cultural) respect and cooperation between people (here: international students) of different national and socio-cultural backgrounds. This course aims to master students' interpersonal and cross-cultural competences, like: self-consciousness and self-esteem, self-presentation, interpersonal and international communication, interpersonal confidence and trust, social and cross-cultural integration. These aims will be achieved through self-reflection and group discussions, cooperation and interpersonal confrontation, behaviours' modelling, as well as giving and receiving psychological feedback – all supervised by an experienced psychologist.	6

Jarosław Klebaniuk	Selected topics of psychology	30		lecture	The course covers a selection of issues including Part I: 1. Willpower and its facets. Types of challenges. 2. Experimental research on willpower. 3. Lifestyle and habitual support of willpower. 4. Implementation intentions and mental contrasting. 5. Mindfulness based techniques – breathing. 6. Mindfulness based techniques – surfing the urge. 7. Planning and the reversed schedule. 8. Time perspective in achieving goals and fighting temptations. 9. Reacting to a failure. 10. Presenting the outcomes and getting feedback; and Part II: 11. Social inequalities and social dominance. 12. Authoritarianism and its consequences. 13. System justification and system delegitimation. 14. Intergroup emotions. 15. Justice sensitivity. The first part, a workshop, is concluded with a written report, and the second part, a lecture, terminates in a written test of knowledge.	6
Jerzy Luty	Human Behavior, Evolution and Mind	30		lecture	The objective of the course is to present concepts, terms and phenomena of evolutionary psychology and increase the understanding of human behaviour and emotions in the light of evolution. The topics include: (a) classical theory of natural and sexual selection (b) origins of sociobiology as a scientific inquiry, c) discussion on adaptationism (d) theory of reciprocal altruism and parental investment, (e) theory of selfish gene and extended phenotype, (f) modular theory of human mind, (g) evolutionary psychology of emotions, (h) cognitive biases in the light of human evolution, (i) evolution of language faculty and function of gossiping, (j) theory of 'mating mind', (k) evolutionary psychology of religiosity and morality, (l) evolutionary approaches to art and aesthetics.	6

Jerzy Luty	Evolutionary Foundations of Art and Aesthetics		30	workshop	The main idea of the course is to present art and aesthetic faculty as a hardwire means for psychological orderliness. The topics include: 1) Art as an open concept in the light of human's species evolution; 2) ethological concept of art, artification as evolved behaviour; 3) developmental and evolutionary-rooted responses to mass art, pop-culture, tv series, horror movies, romantic comedies, video games, pornography and kitsch; 4) art as a means of increasing cognitive fluidity, which enables cultural transmission and cumulating achievements and skills; 5) standpoints in discussion on adaptive function of art: spandrel metaphor; 'cheesecake for the mind' metaphor; 'internal combustion engine' metaphor; idea of 'sexual display' and handicap principle; idea of 'cognitive play'; art as a medium of psychological orderliness and a source of creating social identity.	6
Alina Żurek	Comparative Global Aging	30		Workshop and lecture	Aging is a universal experience. Worldwide increases in proportion of older persons underscore the need for students to be prepared not only for their own aging in context, but to understand the experiences and possibilities of people in other countries who are aging. This course offers students in Poland and USA students the opportunity to work collaboratively to explore and critique literature describing the experience of aging, public and private resources for older adults, and the work, social, and economic contexts of aging and being old in the Poland/ Europe and USA within a global framework. This course also engages students in shared assignments that will include comparative analysis of their findings from a fieldwork project in their respective locations. Except in respect to individual assignments, students in Poland and students in the USA also will collaboratively complete course work. This course will be co-taught by senior scholars from Poland/ Europe and the USA. Experts from both – Poland & USA - countries will participate in classes relevant to their expertise as guest lecturers or guest consultants.	6